

Sunnyside Adventist Church Communiqué

News & Announcements

September 3, 2022



Greetings church family!

The Keeper of our Hearts

Have you ever felt like there is no life in you? Your heart is as dry as it gets? Nothing is flowing out of it. There are no rivers of flowing waters. Not even a drop.

Weird feeling. You are technically alive, but not quite. Something deep inside is not working. It is quiet down there. No motion. Not a spark.

*Above everything else, guard your heart,
It is where your life comes from.* – says a wise man in Proverbs 4:23. GW

Heart in the Bible is the center of the intellectual and emotional life of a human being.

But how can I guard my heart? It's easier said than done.

God, more than anyone, else knows how fragile our heart is. He understands how many things can break it, making us numb, frozen, hard, or even dead. In God's universe, love is life. But there is no way a broken heart can love. So, in a true sense a human with a damaged heart is not fully alive.

This is why God Himself steps in to be the life-giver and the keeper of our hearts. Above all else He guards not our behavior, diet, or even our physical or financial wellbeing, but our hearts. "The LORD is close to the brokenhearted and saves those who are crushed in spirit."

His presence creates a spark of life. His interest in our persona helps us feel alive again.

Only because He first initiates a relationship with us, we are capable of love, and of life. His intentional and extravagant love keeps our hearts intact. We are truly blessed knowing that there is nothing in this universe that can separate us from His love.

Pastor Violeta Bilan



Shout-Out

Send your "shout-outs" to info@SunnysideAdventist.org so we can include them in next week's Communiqué. This is a place you can recognize someone for doing well or going beyond expectations.

A special shout out to our Worship Coordinator Team led by Donna Schmidt for all the behind-the-scenes work they do every week to make each worship service run smoothly. Thank you, team, for all you do, and Donna, for your leadership!

News & Notes

ANNOUNCEMENTS

Welcome to Sunnyside today! We're glad you're here to join us for worship today. We extend a special welcome to Bobby McGhee and his team — we know you have an exciting weekend planned for us! Dr. John Brunt will be offering the prayer and blessing today. He is a retired pastor and former professor at Walla Walla University and La Sierra College. Pastor Ed Keyes, will be presenting our Bible message. He is president of the Arizona Conference. Pastor Bobby McGhee is pastor of the Adventist Worship Center in Phoenix, Arizona.

The floral tribute is presented by Raymond and Marion Betz in celebration of their 45th wedding anniversary on September 4. Congratulations Ray and Marion!

Immediately following our worship service there will be a potluck. We are so excited — this is our first all-church potluck since pre-Covid. Everyone is invited. Let's make this a great celebration by enjoying each other's company and eating great food together!



19th Annual Bobby McGhee and Friends Vespers Sabbath, September 3

- ⇒ Enjoy our worship services: general Sabbath School with Dr. John Brunt, church with Ed Keyes as our speaker, Keith Perrin as our storyteller, and the 3 Wisemen Quartet with Keith Perrin, Ruben Escalante, Ted Atwood, and Bobby McGhee.
- ⇒ **A church potluck following the worship services.**
- ⇒ **Sabbath, September 3, at 6:00 PM, come and enjoy our Sabbath evening vesper service with Bobby McGhee and Friends.**
- ⇒ Stark Street pizza follows vespers.
- ⇒ Sunday, September 4, beginning at 7:30 AM, enjoy the Adventist Softball Tournament at Brush Prairie field. View map at: <http://www.gjihimages.com/softball/map.html>.

Tuesday evenings at 7:00, History class meets every week. We are beginning a new series: "Modern Russia." Everyone is welcome.



Wednesday mornings at 10:00, FaithLift, a group for ladies, meets here at the church to study the Bible, share their stories, and pray together over many needs as well as for those that need extra prayers. If this sounds like something you would enjoy attending, please come and join us. If you cannot be here in person, there is a Zoom link available to be able to join remotely.

On Wednesday evenings at 7:00, in the Fellowship Hall, *"Into the Word"* Bible study with Pastor Mark Witas, continues weekly. If you can't be here in person you may join via Zoom with the following link <https://us06web.zoom.us/j/87028138652?pwd=RxFFZWIBUWRPemRKcU56d0pXRWxmdz09> or Meeting ID: 870 2813 8652 Passcode: 679884 | One tap mobile: 1-253-215-8782.



The Church Library is open! The library will be open on the 1st and 3rd Sabbaths of the month. Hours are 10:45-11:15 AM, and 12:30-1:00 PM. The church library has a wide selection of books available for our members to borrow, so please stop by.

We would like to publicly recognize special milestones in your life. Please take a moment to share with us special birthdays, anniversaries, or any other celebrations. We are family and we would like to share with each other. Also, please let us know when you are sick or need other prayers. We want to be a part of your life and pray together with you. Send an email to info@SunnysideAdventist.org or call the office at 503-252-8080, and let us know the latest with your family!



Directory photos — just a reminder. We have a photo directory, but we are missing many photos or several need to be updated. Please help us know who you are by picture. Send a snapshot or professional picture and we will upload it for you to the directory. Thank you.

If you are in need of financial help for rent, utilities, or other needs, the Family Resource Network stands by to help. Or if you know of a fellow church member that may need help and is hesitant to ask, let us know. Call the church office at 503-252-8080 or send an email to info@SunnysideAdventist.org



Save the date — September 12 at 6:00 PM -

Adventurers' Open House. Do you know anyone between the ages of 3-10? Bring them over, children, and their parents! The Adventurer Club is opening its doors for the first time in 2.25 years! We won't have the speed, nor the intensity of a rocket launching to the moon, but we'll have the consistency and substance needed by your family to thrive and grow stronger together. Join us for creative activities two Mondays per month, plus additional fun events, like field trips and playdates. To find out more, visit our website, Facebook page, or pick up a brochure.

The Sunnyside Choir is looking for an accompanist starting in September. Interested parties, please contact pollyannamoody@gmail.com.

Video, audio, and projection departments urgently need some helpers. The **Greeters** need more volunteers. If you can help in any of these areas please contact the church office, 503-252-8080 or email info@SunnysideAdventist.org.

Pastor Wendy is starting a children's choir in mid-September. If you have a child that would be interested in singing in the choir, please contact Pastor Wendy at wendy.witas@sunnysideadventist.org.

Sunnyside Symphony Orchestra has an opening for a first-chair flute player and a first-chair horn player. Check their website for the audition dates sunnysidesymphony.com.

Pastors Mark and Wendy Witas invite you to join them for the "2023 New Testament Alive" tour visiting Revelation's seven churches (Turkey, Patmos, and Greece) on March 22 through April 2, 2023. For more information contact Pastor Mark at Mark.Witas@SunnysideAdventist.org.

Our flower calendar is posted in the hallway and [online](http://www.SunnysideAdventist.org). (Website: www.SunnysideAdventist.org, click on "Our Ministries.") Please choose a date to share flowers with your Sunnyside family for worship services and place your name on it. As the date gets closer, we will contact you to see what you would like in the bulletin about the flowers.



LIFE AT SUNNYSIDE



Happy Birthday



Sunday: Marya Nziacharo, Thom Stanton, Jr.; **Monday:** Jamie Kirkpatrick; **Tuesday:** Dean Browning, Maria Duong, Mary Lou Wescott; **Thursday:** Betty Farley, Linda Gepford; **Friday:** Arlyss Dixon, Karyl Kieper

AREA EVENTS AND ANNOUNCEMENTS

Mt. Tabor Church is hosting a FREE Community Fun Day on September 11, 2:00-5:00 PM. Come enjoy fair activities & games, live music, food trucks, raffles, and more! Celebrate the end of summer and community together at Mt. Tabor Church! Join us at 1001 SE 60th Ave. Portland, OR 97215.

Notice is hereby given that the 59th regular session of the Oregon Conference of Seventh-day Adventists will be held September 18, 2022, at the Portland Adventist Academy auditorium, located at 96th Avenue and SE Market Street in Portland, Oregon. The session will at 9:00 AM on Sunday. This regular session is called for the purpose of electing officers and members of appropriate committees for the ensuing term, and for transacting other business that may properly come before the Conference. Each organized church in the conference is entitled to one delegate. An additional 400 delegates shall be apportioned among the churches of the conference, prorated on the basis of the third quarter membership report of the preceding year.

His Praise Men's Chorus is looking to continue praising the Lord through music and fellowship. We invite all men in the Portland/Vancouver area to come and join us! We practice weekly, and sing for churches in the region once a month or so. For more information, contact Charlie Drury at cd88sings@gmail.com, or 503-935-7995, or Jerry Irvine at jerrygirvine@gmail.com, or 206-261-6452.

ADVENTIST EDUCATION



Portland Adventist Elementary School

<http://www.paes.com>



Portland Adventist Academy

<https://paasda.org/>

If you're an Amazon shopper, you can add Portland Adventist Academy as your [AmazonSmile](#) charitable organization. Amazon will donate a percentage of your purchases to PAA. You can feel good knowing that you're helping our students receive a Christ-centered and character-driven education! Create your account at www.smile.amazon.com. Search charitable organizations for *Portland Adventist Academy*. Link: <https://paasda.org/news/amazon-smiles-at-portland-adventist-academy/>.



Walla Walla University

WWU Alumni Rosario Weekend

Walla Walla University's annual Alumni Sabbath at Rosario Beach Marine Laboratory will be held **August 26-28, 2022**. Come for Sabbath or the full weekend; meals and accommodations require registration. This year's guest speaker is WWU alumnus, Ralph Perrin '77. For details and registration, visit www.wallawalla.edu/Rosario-Sabbath or call (509) 527-2631.



PACS UPDATE

PACS Food Pantry Drive-thru OPEN Mon-Fri from 9:00–11:00 AM, with an after-work option once a month from 5:00–7:00 PM, every third Thursday of the month. We are still operating with social distancing and social responsibility. If you or someone you know needs food, please tell them about us. If you cannot make it to

PACS please send a note with someone and they can get you food. Any questions please call PACS at 503-252-8500 or email pacsfood2020@gmail.com. Located at 11020 NE Halsey St, Portland OR 97220.

PACS Thrift Store is OPEN Sun 11 AM-4 PM, Mon-Wed 9:00 AM-5:00 PM, Thurs 9:00 AM-7:00 PM, & Friday 9:00 AM-2:30 PM. Our donation drop-off center is open and needs your donations! Mon-Thurs 9:00-1:00 PM, and Sun 11:00 AM-2:00 PM. If you have any questions about what items we accept, please give us a call at 503-252-8500.

Depending on volunteer availability, we offer pick-up service for a small fee. If you have furniture or larger items and no way to get rid of them, give us a call and we'll do our best to help you out! Located at 11020 NE Halsey St, Portland OR 97220.

Gateway Grace Dental Clinic at PACS is OPEN

Gateway Grace Clinic at PACS is open and accepting uninsured patients for low-cost preventative dental care. If you or someone you know needs to schedule an appointment with us, please call 503-907-6768 or email dental@pacsonline.org.

Volunteers Needed at PACS

PACS' thrift store, food pantry, and dental clinic all need volunteers. We have lots of fun and exciting jobs ranging from customer-facing cashiers and greeters to pricers and truck drivers behind the scenes. No experience or age requirements to volunteer, we're happy to train you and welcome the entire family! If you're interested, please contact our volunteer manager Gerelisa at gerelisa.eisele@pacsonline.org or call 503-252-8500 x1130. Thanks!

Empty Egg Cartons? PACS Needs Them!

If you have any 12-count empty egg cartons we would love to take them off your hands to use in our food pantry! Please drop them off at our Office or Donation Receiving. Thank you in advance!

PACS Thrift Store - At Home Shopping:

www.facebook.com/groups/pacsthritstore.

PACS Job Openings!

Portland Adventist Community Services is hiring! We have two crucial part-time positions available and are looking to interview immediately. If you or someone you know are interested in either of these part-time jobs, please email laura.pascoe@pacsonline.org. You can also visit www.pacsonline.org/jobs to learn more about the positions.

FURNITURE AVAILABLE!

Well-loved solid-oak living room set available. The family is moving and not able to take it with them. Excellent condition. For information, call the church office, 503-252-8080.