

Sunnyside News

News and happenings around your church

March 8, Communiqué

Posted on [March 7, 2025](#) by [sunnysidechurch](#)

[Don't miss other Announcements & Week-At-A-Glance \(Click here\)](#)

[Or visit our website at:](#)



Greetings Sunnyside Family!

Can you remember a time when you were afraid? Fear is a natural human emotion programmed into our nervous system. A healthy level of fear gives us the survival instincts needed to stay safe from danger. However, when left unchecked, fear can escalate into intense anxiety, mental paralyzing us when faced with a specific situation—or even just the thought of it.

When I feel overwhelmed, I find solace in the Psalms, and Psalm 37 offers wisdom from David. Instead of letting fear consume us, David teaches that our response should be to turn to God and trust in Him.

“Do not fret” is mentioned not just once or twice, but three times (v. 1, 7, 8). David encourages us to bring our fears to the Lord and to trust in Him (v. 3). Trusting Jesus is an active decision.

In verse 7, he continues, “Be still before the Lord and wait patiently for Him.” We can actively be still—a powerful concept. His light will drive away darkness, and His presence will provide perfect peace. He is able to calm the storm in our minds as we fix our eyes on Him.

Whatever challenges you face this week that stir an unhealthy level of anxiety within you, I pray you turn to the One who can keep you from stumbling and present you blameless before His glorious presence with great joy. Jesus is for you!

This week, our Pathfinders are leading the Sabbath worship service. I’ve had the joy of working with Shalom, our preacher, as she prepares to share the message God has placed on her heart. Thank you for encouraging and supporting our Sunnyside young people in their journey with Jesus.

Pastor Rose Andrykanus

. . .

The Pastors’ Spotlight

From the desk of Pastor Violeta

This week was marked by bold statements and dramatic gestures that deepened cognitive dissonance and further polarized American society. However, in our daily lives, we continue our steady efforts to build up the church and guide individuals toward an obedient and courageous life as followers of Christ.

This Sabbath, we will have communion at Village Church, and I'll be there. Our new member, Mark Sheffield, will be preaching at Healing Hope. On Saturday evening, I'll be leaving for a mission trip to Limón, Costa Rica, where I will help build a medical center and support health and evangelistic initiatives.

I hope to see you on March 22. After the service, we will have a Discipleship Training on mentorship and spiritual nurturing, led by Pastor Nate Hellman and Pastor Seth Pierce. Wishing you a nurturing and blessed Sabbath!

Sabbath

ANNOUNCEMENTS



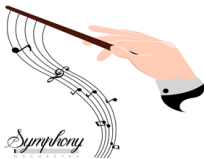
Welcome to Sunnyside! We are happy you are here to worship with us. Let us know who you are by filling out one of the Connect Cards and handing it to the deacons or place it in the box in the foyer before you leave.



Today is "Pathfinder Sabbath!" We are delighted to have such a wonderful group of Pathfinders at Sunnyside Church. This is the one day out of the year they are in full charge of our worship service. Sit back and enjoy our youth as they give you an inspirational presentation today. We will also see a large group of youth this afternoon attending the **North Pacific Union Conference Pathfinder Bible Experience beginning at 2:00 pm**, conducted here at Sunnyside Church.



Daylight Saving time returns on Sunday morning at 2:00 am. Remember to set your clocks ahead one hour!



The Oregon Sinfonietta, under the direction of Donald Appert, will be in concert here at Sunnyside Church on March 16, 2025, at 3:00 pm. Their repertoire includes Rossini – *Overture to The Barber of Seville*; Lalo – *Concerto for Cello in D minor*; Oregon Sinfonietta Concerto Competition Winner; and Glazunov – *Symphony no. 1 in E major, op. 5*.



Effective discipleship flows from intentional leadership. On Sabbath, March 22, at 2:00 pm, in the fellowship hall, we'll gather with local leaders here at Sunnyside for a workshop focused on strategic disciple making, mentorship, empowerment, and leadership development. What does it take to build an interconnected, healthy, and intentional church? Together, we'll explore key principles and practices to strengthen our leadership and ministries while discerning the next steps for Sunnyside.



The Sunnyside Seventh-Day Adventist Choir is looking for tenors and basses for the Easter Musical Program on April 19. The program will include choir and orchestra. Rehearsals are held on Thursday nights at 7:00 pm, starting February 6. Please contact polly.moody@sunnysideadventist.org for more information or to sign up. Visit our website at <https://sunnysideadventist.org/our-ministries/community-connection-groups/sunnyside-choir>.



Save the Date! Next Ladies Spring Tea is on April 13, at 1:00 pm. We're looking for 10 ladies who would love to host a table. For details, contact Kathy Kramer at 360-553-8464.



Quiet Bags

Volunteers Needed

If you are interested in serving in "quiet bag ministries" for our kids, please contact Pastor Rose.

rose.andrykanus@sunnysideadventist.org



Mission to Palawan Island, Philippines

March 19 – April 2, 2025

We invite you to partner with Sunnyside to reach the people of Palawan Island with the love of Jesus. We are working closely with the Palawan SDA Mission to hold reaping evangelism services across the island as well as help with a medical clinic providing necessary care to the people.

Palawan is the westernmost island of the Philippines, the largest by area, and a sought-after natural wonder. The island is home to 87 different cultural groups. About three-fourths of the population is Roman Catholic, 10% is Muslim, and 3.4% are Seventh-day Adventist. The major languages are English, Tagalog, and Ilonggo, alongside the native languages of Cuyonon and Palawanon.



In the summer of 2023, Executive Secretary of the Palawan SDA Mission Pastor Eliezer Barrientos visited Sunnyside Church by invitation of the Oregon and Washington Adventist Filipino Fellowship (OWAFF). That Sabbath afternoon he shared with us his vision to hold multiple evangelism series across the island of Palawan, all at the same time! We provide the evangelists for 11 different preaching sites going for eight nights, followed by a mass gathering on Sabbath, March 29, and baptism.

Also, we will participate in a comprehensive medical clinic, providing checkups, medicines, vision and dental care, health lectures, and spiritual counseling. The organization of the clinic will be under the leadership of the Health Director of Palawan Mission. Licenses will not be required from us since we will be working alongside their health professionals.

Please consider participating in this mission project with your prayers, support, and hopefully participation! We need preachers and medical volunteers. The cost per participant is \$3,000. This includes airfare, board, and expenses of the medical clinic, Bible workers, etc. With God's help, this will be a bigger success than anyone can imagine. Also, we will of course spend a day or two exploring God's beautiful creation on Palawan Island! Contact Paul Dragulin (pauldragulin@yahoo.com) to get involved. Donations to the Palawan Mission Project (F490) will help tremendously too.



Our history class meets each Tuesday at 7:00 pm, in the Youth Room. This week, February 18, we are studying "What's Really in the Magna Carta?" presented by our own Pastor Seth Pierce, Ph.D. These will all be very enlightening studies – take time to come and enjoy our classes.



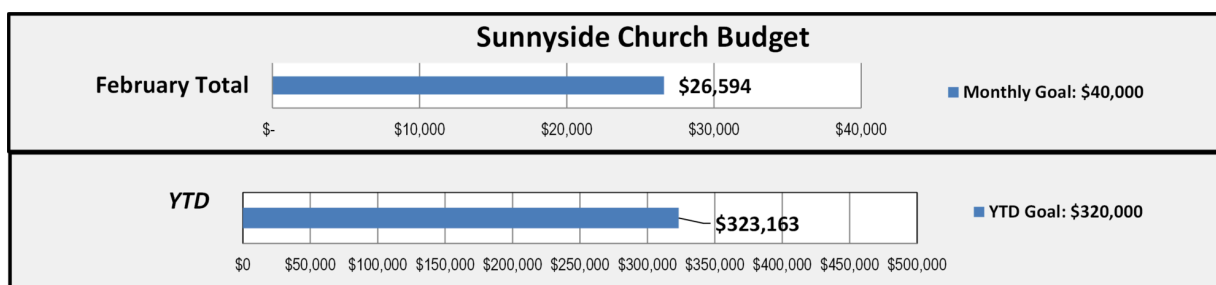
There is a flower calendar posted in the hallway and [online](#). (Go to our website, www.SunnysideAdventist.org, click on "Our Ministries.") Please choose a date to share flowers with your Sunnyside family for worship services and place your name on it. As the date gets closer, we will contact you to see what you would like in the bulletin about the flowers.



We are blessed with some very strong prayer warriors. If you have a special request, please contact the church office at 503-252-8080 or info@sunnysideadventist.org to submit your request. There is power in prayer and it truly makes a difference.



Dollars for Missions! We have reached another milestone where we have collected enough labels to submit another request for funds for Sunnyside Missions! Save your Loma Linda Labels and turn them in here at the church! There is a box in the Narthex for them. In the "old" days, we received 1¢ per label. Now they give us 25¢ per label. It's well worth saving and receiving "free" dollars for missions! Continue to save and turn in your labels.



There are some of our family that need help with transportation in order to attend church. If any of you would be willing to help with this need, please contact the office for specific information, 503-252-8080 or via email at Info@SunnysideAdventist.org.



If you live at CherryWood Retirement , our bus stops there to pick up anyone who would like to attend church. Please be ready, we stop by at 10:45 am for our church service at 11:15 am.



Currently, we are seeking volunteers to help us with video and audio. Please call 503-252-8080 if you would like to get involved.



Would you like to hear the service more clearly? Sunnyside Church provides assistive hearing devices you may borrow. They are located in the Deacons' office. Just let a deacon know of your need and they will be happy to help you.



We would like to publicly recognize special milestones in your life. Please take a moment to share with us special birthdays, anniversaries, or any other celebrations. We are family and we would like to share with each other. Also, please let us know when you are sick or need other prayers. We want to be a part of your life and pray together with you. Send an email to info@SunnysideAdventist.org or call the office at 503-252-8080 and let us know the latest with your family!



Directory photos – just a reminder. We have a photo directory, but we are missing many photos or several need to be updated. Please help us know who you are by picture. Send a snapshot or professional picture and we will upload it to the directory for you. Thank you.



During this difficult time, if you are in need of financial help let us know. Call the church office at 503-252-8080 or send an email to info@SunnysideAdventist.org.



Our Family Resource Network has been privileged to assist many of our members when things have been challenging for them or they have experienced unexpected expenses. We have helped with rent, utilities, food, gas, car repairs, and more. We would like for you to be aware of what we do and give you an opportunity to contribute to the fund being used to assist our family. Mark your tithe envelope or check for Family Resource Network and you will know that you have had the privilege of helping one of our members who doesn't even want to ask for help! We are here to help each other. Thank you for helping us build the fund used for these expenses.



Today: Ralph Neidigh, Stuart Vick; **Sunday:** Tim Hill; **Tuesday:** Nancy Ballance, Lacey Betz, Roy Brown, Konnie Geschl Ted Mackett, Karen Petersen; **Wednesday:** Jared Evans, Denis Heather; **Thursday:** Donald Stone, Sandra Swisher-Hoopes, Richard Zavernukse; **Friday:** David Drake, Vasile Pana, Vivian Robertson, William Wagner

ADVENTIST EDUCATION



Portland Adventist Elementary School

<http://www.paes.com>

Substitute Teachers Needed at PAES

Portland Adventist Elementary School is in need of substitute teachers! We are looking for dedicated and compassionate individuals who enjoy being around children and in the school environment. If you are interested, please reach out to admin@paes.com to apply.



Portland Adventist Academy

<https://paasda.org>

Student Information

This year we have 175 students

Students come from as far away as St. Helens (north), Woodburn (south), Forest Grove (west), and Rhododendron (east)

They represent 29 SDA churches

20% come from non-Adventist homes

Our international students are from China, Japan, and Vietnam

We have students who are refugees from Thailand

Our student body is 1% American Indian/Alaska Native, 6% African, African American & Black, 19% Hispanic & Latino, 22% Asian, 43% Caucasian, 10% Unknown/Unanswered

Scholarship Funding

At Portland Adventist Academy, our purpose is to provide a Christ-centered, character-driven education to all students. However, many families face financial challenges that can make it difficult for their children to attend. We are reaching out to ask for your support in funding scholarships that will help make this life-changing education accessible to more students. Your generous donation can directly impact a student's ability to attend and thrive at Portland Adventist Academy. To make either a recurring or one-time contribution, please visit www.paasda.org, or contact me at ubrown@paasda.org at 971-351-9028 for more details. As [students share in this video](#), thank you for your support in shaping the future of our students and helping them grow in faith and character.

PAA & Fred Meyer. You may support PAA through the Fred Meyer Community Rewards Program. Just connect a Fred Meyer digital account and connect it to your Shopper's Card, and designate Portland Adventist Academy as the organization you wish to support. You can get it all done on the Fred Meyer website here:

<https://www.fredmeyer.com/i/community/community-rewards>



Rivergate Adventist Elementary School

<https://www.rgsda.org/>



Hood View Adventist School

<https://www.hvja.org/>

HOOD VIEW ADVENTIST SCHOOL IS HIRING – PE TEACHER

Hood View Adventist School is looking for someone to fill a long-term substitution position as PE teacher for the remainder of the current school year. This position would be approximately 22 hours per week and the schedule is open to negotiation. The position requires an individual who can keep confidentiality, have basic computer skills including working knowledge of office machines, computer software e.g. MS Office and Adobe products, and a clear background check with the Oregon Conference of SDA. Wages and benefits are based on the denominational wage scale and policy. Must have the legal right to work in the United States and be able to provide evidence of that right employed. If interested, please email your resume and cover letter with three references to principal@hvja.org.

Parent Preview Night & Visitation Day and Enrollment

Parents of prospective students are invited to the Parent Preview Night at Hood View Adventist School on **Thursday February 20 at 6:30 p.m.** Meet the staff. Tour the school. Get answers to questions. Socialize with other parents. Prospective Student Visitation Day is **Friday, February 28**, and enrollment for new students opens **Monday, March 3**. Many classes are expected to fill quickly, so do not delay if you want to enroll your child for the 2025-2026 school year. Contact the school office for more information – 503-663-4568.



Walla Walla University

<https://wallawalla.edu>

Visit: jobs.wallawalla.edu.

AREA EVENTS AND ANNOUNCEMENTS



The Adventist Book Center's Spring Case Food & Book Sale is March 9 – 23, 2025. Sale prices are also good for all delivery locations. For all the details go to the Oregon Conference Website and choose the Ministries tab, then click Adventist Book Center. You will see a link for Sales Flyer. You can also go to www.abcflyer.com and click the sale flyer link.



Joyce Hill, a renowned musician in the Portland area, and who often came to Sunnyside to share her talents on our organ, recently passed away. A memorial service for her will be conducted on March 16, at 2:00 pm, in the Woodburn Community Seventh-day Adventist Church, 1253 5th Street, Woodburn, Oregon.



VBS 101 Training

Register today for VBS 101, a class on how to make VBS happen! New and new(ish) leaders of all ages are invited to this online session which will include all the basic how-to's to make your church's VBS a successful blessing to your community! This training will be held **Sunday, March 16, 10:00 AM-12:00 PM** on Zoom, so you can join from anywhere! We'll cover topics like how to assemble your team, how to advertise, how to structure your VBS, how to avoid burnout, and much more! Register today at <https://orad.us/VBS101>.



As we enter the final month of crowdfunding for Camp Meeting 2025, our latest financial reports show that we have raised just over \$118,000 of our \$390,000 goal! These final weeks are a crucial time for us to come together and ensure that this event will be possible this year. As Oregon Conference VP for Education, Ron Jacaban, shared:

We often look at big achievements – a successful business, a major scientific breakthrough, or a movement that changes the world – and think they happen because of a few extraordinary individuals. But the truth is, big things happen because of small, consistent contributions of many people.

Think about a puzzle. Each piece on its own may not seem significant, but together they create a complete picture! The same applies to us. No matter who you are or what role you play, your actions, no matter how small, contribute to something greater. Camp Meeting 2025 is a huge project, and each of us can contribute in our own ways. Whether it's financially, or

volunteering, or spreading the news in your own community and inviting your neighbors, we can come together to make the project great!

Thanks to a generous gift, each dollar given right now will be doubled, up to \$150,000! Make your dollars go farther and help our members, young and old, make special memories at this year's camp meeting by giving today! Give online right now through AdventistGiving.org or write "Gladstone Camp Meeting" on your tithe envelope.



All pastors and elders are encouraged to attend Elders Training event, **March 16** at the Holden Convention Center in Gladstone. The event will be held from 9:00 AM-5:00 PM. These in-person trainings will cover essential topics such as leading yourself well to prevent burnout, the heart of Christian leadership, God's call to eldership, a workshop on the foundational principles of effective preaching, and more. It's a day designed to equip you and your team for greater impact in ministry! Speakers will include Seth Pierce, Erika Puni, John McVay, and Benjamin Lundquist. \$20 per person cost covers food and supplies. Learn more and register at <https://orad.us/elderstraining>.



GYC Northwest 2025 – "Beauty for Ashes"

Young people, are you longing for something deeper? GYC Northwest 2025 is happening March 26–30 in Boise, Idaho, bringing together young believers for a weekend of worship, inspiring messages, and life-changing encounters with Christ. This year's theme, 'Beauty for Ashes,' reminds us that God restores and renews, no matter our past. Join us and experience His transforming love! Learn more and register at www.gycnorthwest.org.



Oregon Conference Women's Ministry Training Day!

It's simple, really! Learning to do what you can, with what you have, where you're at. This ministry workshop is for ALL women. You don't have to be a women's ministry leader to attend. If you help or hope to one day, this is for you! Join us **Sunday, April 6** from 9:00 AM-4:00 PM at the Holden Convention Center in Gladstone, Oregon. Speakers will include Sue Clayville and Tawny Sportman. The registration fee is \$75.00, no refunds after March 21st. Register now at <https://orad.us/WomensMinTraining2025>.



Steve Darmody and Jenifer LaMountain will present a free concert, Saturday, April 26 at 7:00 PM at the Gladstone Park Adventist Church at 8378 Cason Road in Gladstone. All are invited. Questions may be directed to 503-655-2614.



Join us for the Bloom in Marriage Cruise! A Christian marriage retreat at sea for couples of all ages, sailing roundtrip from Boston, October 17-24, 2025, on the Norwegian Gem. Hosted by Adventist marriage ministry leaders Rick and Cindy Mercer, this relationship-enriching cruise will take you to 6 ports of call throughout New England during the best month for fall colors. For more information and to register, visit www.bloominmarriage.com, or contact Heather Tourville at 503-329-6523.



Church Organist Needed: The Stone Tower Adventist Church Music Department is seeking a volunteer church organist to play the organ during our worship service for up to two Sabbaths a month. Please contact Jeanine Goodwin at (503) 381-5577 or womensministry@stonetowersda.org for more details and if you or an organist you know would be in



Pentecost 2025 is a massive mobilization of Seventh-day Adventist churches in North America:

- 1. To pray for the Holy Spirit's outpouring and power (starting now in 2024)*
- 2. To proclaim the Gospel with the Holy Spirit's power (in 2025).*

We have been looking for revival in our church for a long time. This is our opportunity to seek it together and make happen. As Ellen White wrote so eloquently, "revival need be expected only in answer to prayer."

In connection with Pentecost 2025, the NPUC is inviting everyone to pray both privately and corporately for the Holy Spirit during the month of October 2024. Here is a link with all the information you need to participate:

<https://nwadventists.com/news/2024/09/pentecost-2025-call-prayer>

Just as a reminder, the Oregon Conference prayer ministries continue to hold ZOOM prayer meetings every third Tuesday at 7:30 pm. Everyone in the Oregon conference is invited to be part of this! We will be continuing this during the month of October. We are praying for the outpouring of the Holy Spirit. <https://orad.us/OCPrayerMeeting>



Oregon Prayer Conference, March 21-23, 2025, at Twin Rocks Conference Center, Rockaway Beach, OR 97136. Click on the QR code for more information.

<https://www.oregonadventist.org/ministries/prayer-ministries>



Big Lake Youth Camp registration is now open for kid camps and family camps for our 2025 summer! Youth camps are for ages 7-17 with lots of fun activities kids do with their cabin groups. Family camps are for all ages with a lot of the same fun activities for families to do together – great for family reunions!

Visit www.biglake.org for more information or to register.



PACS UPDATE

How do we serve?

Portland Adventist Community Services – PACS is a vibrant faith-based Community of Service with staff, volunteers, donors, and community partners who provide food, low-cost dental care, and low-cost clothing/household items to individuals and families.

Hours: Thrift Store, Sun | 11:00 am – 4:00 pm

Mon – Thurs | 9:00 am – 5:00 pm

Fri | 9:00 am – 2:30 pm / Sat | Closed

Donation Drop Sun | 11:00 am – 2:00 pm

Mon – Thurs | 9:00 am – 1:00 pm / Fri – Sat | Closed

Dental Clinic:

Contact the Gateway Grace Dental Clinic to schedule an appointment 503-907-6768

Volunteers:

To volunteer at PACS contact Jaclyn Russell, at (503) 252-8500 ext. 1130

Donations:

From large to small, we take them all.

Money, clothing, even big and tall,

humble egg boxes, and home goods for all

If you are looking for an opportunity to serve in a missional environment focused on giving hope to those in need through Portland Adventist Community Services then please go to: <https://www.pacsonline.org/job>

There are three postings available.

* Director of Quality Management

* Assistant Thrift Store Manager

* Home Thrift Store – Part-time Pricer

PACS Thrift store has many shoppers. We need Steps to Christ, Bibles, and Guides to share with them. If you have so to share please let us know or bring them to PACS and hand them in to the office.



Hood View Adventist School is hiring for a PE teacher! Check the posting under Hood View School.

PACS is Hiring!

Pricer in the PACS Home Goods Store – part-time

Admin-Director of Quality Management – full time

If interested or for more details go to jobs@pacsonline.org.

Come join our non-profit organization in the Portland area that serves the community with a Thrift Store, Food Pan and Dental Clinic.

PACS needs truck drivers. Why?

This year, so far, our truck drivers have brought 365,670 lbs.(Jan-Mar) in donated food to feed our diverse community. That represents a huge number of people being fed. What a difference PACS drivers make! If you have a heart for people and like to drive a truck, no CDL license is needed, don't hesitate to contact Jaclyn.

Hours: 7:30-11:00-ish

Telephone: Jaclyn Russell at (503)-252-4589

Email: Jaclyn.russell@pacsonline.org
Sign-up: <https://www.pacsonline.org/volunteer>

Better Life Television (BLBN) is a network of more than 15 stations and translators serving over 60,000 square mile throughout southern Oregon, with satellite stations in northern California and Reno, Nevada. Better Life is currently seeking a broadcast engineer. The broadcast engineer position is responsible for assisting the executive director in maintaining, operating, and developing the technical systems that enable BLBN to fulfill its mission. This position is full-time, regular-status position. Learn more about this position and how to apply at <https://bit.ly/BLTVjob>.

Battle Ground HealthCare is a faith-based, mission-centered free clinic located in Battle Ground, Washington providing medical and dental services to southwest Washington residents since 2011. With the soon-coming retirement of their current executive director, the board is seeking candidates to fill the position. Learn more about the open position below. Interested candidates should email BGHC board chair, David Russell, at drussell@bghealthcare.org. Visit <https://bghealthcare.org/> to learn more about Battle Ground HealthCare.



Are you interested in becoming a hospital spiritual care volunteer? Adventist Health Portland Spiritual Care department invites individuals of all ages to apply. Volunteers will have the opportunity to offer pre-surgery support for patients and their families, ensure patients have access to spiritual resources and more. If you feel called to be part of our team, take the first step by filling out our application form: <https://www.volgistics.com/appform/769001903>

Adventist Health Hospice is looking for compassionate volunteers to provide companionship to patients, provide a much-needed brief break for a tired caregiver, make phone calls on Thursdays to check on patient supplies or assist with light housekeeping, errands, or pet support. Thorough training and support are provided by Adventist Health Hospice team members. If interested in learning more, contact Karen Hartmann, Bereavement/Volunteer Coordinator at 503-251-6192 or email Hartmakl@ah.org. You can make a loving difference in someone's life at a challenging time.

Volunteers Needed at PACS

PACS' thrift store, food pantry, and dental clinic all need volunteers. We have lots of fun and exciting jobs ranging from customer-facing cashiers and greeters to pricers and truck drivers behind the scenes. No experience or age requirements to volunteer, we're happy to train you and welcome the entire family! If you're interested, please contact our volunteer manager Jaclyn at Jaclyn.russell@pacsonline.org or call 503-252-8500 x1130.

Last Week's Worship Service in Photos







This entry was posted in [Communique](#). Bookmark the [permalink](#).

This site uses Akismet to reduce spam. [Learn how your comment data is processed.](#)
