

October 4 Communiqué



Hi Sunnyside Family,

I am back after spending some time with my sister in Iceland. We traveled in a van for ten days, saw some jaw dropping scenery, and discovered that van life is really a character building experience. As

soon as I returned, I went straight into back to back camps. First was the Oregon Conference pastoral meetings at Twin Rocks followed by our first Pathfinder campout of the year under clear starry skies at Champoeg State Park.

We set off Friday afternoon, right into rush hour traffic, then pitched our tents and gathered around the campfire for dinner. This year we welcomed three new Pathfinders, some camping for the very first time and learning to set up their own tents. Pathfinder ministry is all about kids coming to know Jesus while also creating opportunities for them to grow in independence and leadership. Several parents joined us on Sabbath afternoon for fellowship and activities. Later that night we gathered around the fire for s'mores, staying cozy as we shared songs and stories with hot apple cider and Swiss Miss.

A huge thank you to our Pathfinder director Evelyn, deputy director Chloe, and our amazing staff Alan, Josh, Russ, Rose, Mark, and Polly for making this weekend possible and for pouring so much love and mentorship into our kids. If you know a young person ages 10 – 16 years who would like to be part of the Pathfinder adventure, we would love to connect with you.

Several people in our church family are going through challenging times. Please continue to lift them up in prayer, trusting that we can "Cast all [our] anxiety on Him because He cares for [us]." (1 Peter 5:7)

I'm looking forward to Pastor Seth's message this week as he begins a three part series titled "Bright Shadows." See you this coming week.

Pastor Rose Andrykanus

ANNOUNCEMENTS



Welcome to Sunnyside! We are happy you are here to worship with us. Let us know who you are by filling out one of the Connect Cards and handing it to the deacons or place it in the box in the foyer before you leave. Sunnyside, also, extends a special welcome to the Tualatin Valley Academy students and their families. The students will be presenting our music today. There are 23 excited bell students here

in grades 7-12. This is TVA's first year as a full Academy and they have just over 200 students in K-12. Michael Blackburn, director, states that he has been directing bells at TVA since 2016 and now has more than 50 students playing handbells in grades 3-12.



Today we will enjoy our monthly church potluck immediately after our worship service. If you didn't bring food with you today, join us anyway. We always have an abundance of food! Everyone is welcome and invited to join in eating and fellowshipping together.



Please pray for the following:

Besty White's family. She passed away the morning of September 11. A funeral service will be conducted for her on Monday, October 6, at 2:00 pm, here at Sunnyside Adventist Church.





Transfers - First Reading:

Jonathan, Jaclyn, and Lucy Russell to Oasis Christian Center, Washington.



Everyone is invited to the one-year-old toddler shower on Wednesday, October 8, at 12:30 pm, for potluck, and 1:30 pm, for a party for Ava (daughter of Gabby Boyd and granddaughter of Saras and Bob Boyd). Gift suggestions include 18-month clothing, toys, books, diapers size 5, donations for a group gift, etc. Hope you can join us for this special celebration of a precious young life.



Church-wide Home Lunch — October 11 will be the next lunch event. This is a time to invite families to your house as a host or sign up to be invited to someone's home for lunch. There are forms in the lobby you may fill out to be either a host or a visitor. Plan ahead to enjoy lunch with friends!



Senior Ministries presents "Senior Games and Puzzles" on October 16 from 11:00 am to 2:30 pm. We will have light refreshments as well. Seniors come on in and join us! We will meet in the Youth Room.



On Tuesdays, at 4:20 pm, there will be a Bible reading class of the Ancient Standard Version (ANSV). This class is open to all and will be conducted by Conrad Gren. Please come and join us. We will be meeting in the Bridal Room.



Creation Study Center Museum will have an "open house" on October 25, from 2:00 to 4:00 pm. Come see dinosaur bones, fossils, gemstones and much more showcasing our amazing Creator's work! The Center's Coordinator, Dr. Stan Hudson, will be present for tours. Admission is free and refreshments will be served. The Center is located in the North Pacific Union Conference at 5709 N. 20th Street in Ridgefield, WA by the I-5 Freeway. Come enjoy the science exhibits supporting a historical Genesis.



Pizza with the Pastors is scheduled for Thursday, October 25, at 6:00 pm. This is for those who have recently joined Sunnyside through baptism or transfer and gives each a chance to connect, share stories, and build relationships. If you have joined us within the last year, you are invited!



Come join us on Monday evenings to study the book "Last Day Events." We'll be going through this book discussing the words of E.G. White regarding the final days and how we can best prepare for them. This is an informal book club, we check in with each other, read the book, discuss what we've read and then pray for those on our hearts. All are welcome and the meeting is by Zoom so no one has to go out at night. Zoom link: https://zoom.us/j/92093000826?
pwd=NL45Oa0tzo2OhAOszPhuVyRiqTfeW3.1



Our history class meets on Tuesdays at 7:15 pm, in the Youth Room. We will study "World War I."



Wednesday mornings at 10:00, FaithLift, a group for ladies, meet here at the church to study the Bible, share their stories, and pray together over many needs as well as for those that need extra prayers. If this sounds like something you would enjoy attending, please come and join us. If you cannot be here in person, there is a Zoom link available to be able to join remotely.



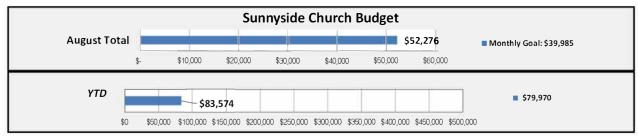
Wednesday mornings at 10:00 our Men's Bible Study group meet to study the Bible together in the Youth Room. Men, you are all invited to join us for this weekly study.



We are blessed with some very strong prayer warriors. If you have a special request, please contact the church office at 503-252-8080 or info@sunnysideadventist.org to submit your request. There is power in prayer, and it truly makes a difference.



Dollars for Missions! Labels keep trickling in, and we are quickly reaching another goal. Last week was a great week for the label count. We have already received a second check in response to our turning in labels! What a lovely way to give to missions! Continue to save your Loma Linda Labels and turn them in here at the church. There is a box in the Narthex for them. In the "old" days, we received 1¢ per label. Now they give us 25¢ per label. It's well worth saving and receiving "free" dollars for missions! Continue to save and turn in your labels.





There are some of our family that need help with transportation in order to attend church. If any of you would be willing to help with this need, please contact the office for specific information

503-252-8080 or via email at lnfo@SunnysideAdventist.org.



If you live at CherryWood Retirement, our bus stops there to pick up anyone who would like to attend church. Please be ready, we stop by at 10:45 am for our church service at 11:15 am. This transportation is free, but if you'd like to contribute, you may mark it to "Bus."



Currently, we are seeking volunteers to help us with video, audio, and the children's division. Please call 503-252-8080 if you would like to get involved.



Would you like to hear the service more clearly? Sunnyside Church provides assistive hearing devices you may borrow. They are located in the Deacons' office. Just let a deacon know of your need and they will be happy to help you.



We would like to publicly recognize special milestones in your life. Please take a moment to share with us special birthdays, anniversaries, or any other celebrations. We are family and we would like to share with each other. Also, please let us know when you are sick or need other prayers. We want to be a part of your life and pray together with you. Send an email to info@SunnysideAdventist.org or call the office at 503-252-8080 and let us know the latest with your family!



Directory photos — **just a reminder.** We have a photo directory, but we are missing many photos, or several need to be updated. Please help us know who you are by picture. Send a selfie, snapshot or professional picture, and we will upload it to the directory for you. Thank you. Email to info@sunnysideadventist.org or text to 971-238-9680.



During this difficult time, if you are in need of financial help, let us know. Call the church office at 503-252-8080 or send an email to info@SunnysideAdventist.org.



Our Family Resource Network has been privileged to assist many of our members when things have been challenging for them or they have experienced unexpected expenses. We have helped with rent, utilities, food, gas, car repairs, and more. We would like you to be aware of what we do and give you an opportunity to contribute to the fund being used to assist our family. Mark your tithe envelope or check for Family Resource Network, and you will know that you have had the privilege of helping one of our members who doesn't even want to ask for help! We are here to help each other. Thank you for helping us build the fund used for these expenses.



Today: Joshua Baerg, Steven Do, Danilo Reyes, Heather Stewart; **Monday:** Guy Dove, Beau Snyder, Melissa Vickroy; **Tuesday:** Laura Chapman, Rachel Stanton; **Wednesday:** Susan Carr; **Thursday:** Monterey Anthony, Carolyn Gough, Justin Graham, Jan Saku, Sherri Jo Williamson; **Friday:** Annika Geschke, Evenlyn Hull



Portland Adventist Elementary School

http://www.paes.com

Substitute Teachers Needed at PAES

Portland Adventist Elementary School is in need of substitute teachers for the 2025-2026 school year! We are looking for dedicated and compassionate individuals who enjoy being around children and in the school environment. If you are interested and would like more information, please reach out to admin@paes.com to apply. Thank you,



Portland Adventist Academy

https://paasda.org

Nuts & Bolts about PAA

Student Information
We currently have 160 students

Students come from Scappoose to Woodburn, and Forest Grove to Sandy
They represent 27 SDA churches
16% come from non-Adventist homes
Our international students are from China, Japan, Korea and Vietnam
We have students who are refugees from Thailand and Rwanda
Our student body is 9% African, African American & Black, 15% Hispanic & Latino, 21%
Asian, 46% Caucasian, 9% Unknown/Unanswered

Staff Information

- We have 18 teachers (11 teach full-time, 2 teach along with other responsibilities, 5 teach part-time) and 8 other staff (7 full-time, 1 part-time)
- Fernando Chavez is our V.P. and Spiritual Life Director
- Jessica Minden is our Business Manager
- Mary Sperl is our Registrar and Student Services Director
- U'Lee Brown is our Communications and Development Director, responsible for communications/social media, Alumni relations, donor relations and fundraising
- Maria Bibb, our International Mentor, helps international students obtain visas for many Oregon Conference schools
- Kent Sheets is our Plant Director
- We provide regular professional growth every year, the emphasis this year is on the Focused Teacher Evaluation Model and AI

Hi PAA Family!



We are thrilled to recognize Sophia Lee as a National Merit Commended Scholar! Out of the 1.5 million students who took the PSAT in Fall 2024, Sophia scored among the top 50,000 nationwide. This incredible achievement reflects her dedication, perseverance, and academic excellence. We are so proud of you, Sophia – way to shine!

Sophomore Excursion: Courage in Action

Sophomore Excursion is one of PAA's signature leadership traditions, an annual ropes course adventure built around our core value of courage. Over the course of the trip, students step out of their comfort zones in a supportive environment where they can challenge themselves, practice courage, and cheer each other on. It's also a time for community and culture building, as the class bonds through shared experiences, fun activities, and meaningful conversations. Students return with new confidence, stronger friendships, and a deeper sense of what it means to live with courage – together.

♠ Adventist College Fair at PAA ♠

This week, PAA hosted the annual Adventist College Fair for our juniors and seniors, along with students from neighboring Adventist academies. Representatives from ten Adventist universities toured through as part of their fall academy circuit.

Our students had the chance to:

- ✓ Meet with college recruiters
- Learn more about individual programs
- Apply to Adventist colleges for free
- Ask important questions to help them and their families make informed choices about the future

 We're so grateful for opportunities like this that help our students take their next steps with confidence and faith.

🌞 Freshmen Adventure: Curiosity Explored 🌞

This week, the Class of 2029 kicked off their high school journey with Freshmen Adventure, the first of PAA's grade-level leadership trips. The focus of the trip was on our core value of curiosity — encouraging students to explore, ask questions, and lean into new experiences. Along the way, freshmen practiced teamwork, trust, and collaboration, while also building deeper connections with each other. From problem-solving challenges through a lively scavenger hunt, the trip was full of learning, laughter, and class bonding. Freshman Adventure set the tone for the year ahead — a reminder that curiosity opens doors to growth, discovery, and stronger community.

Have a wonderful weekend.

Mechelle Peinado, Principal

Scholarship Funding

At Portland Adventist Academy, our purpose is to provide a Christ-centered, character-driven education to all students. However, many families face financial challenges that can make it difficult for their children to attend. We are reaching out to ask for your support in funding scholarships that will help make this life-changing education accessible to more students. Your generous donation can directly impact a student's ability to attend and thrive at Portland Adventist Academy. To make either a recurring or one-time contribution, please visit www.paasda.org or contact me at ubrown@paasda.org at 971-351-9028 for more details. As students share in this video, thank you for your support in shaping the future of our students and helping them grow in faith and character.







PAA & Fred Meyer. You may support PAA through the Fred Meyer Community Rewards Program. Just connect a Fred Meyer digital account and connect it to your Shopper's Card, and designate Portland Adventist Academy as the organization you wish to support. You can get it all done on the Fred Meyer website here: https://www.fredmeyer.com/i/community/community-rewards



Rivergate Adventist Elementary School

https://www.rgsda.org/



Hood View Adventist School

https://www.hvja.org/





Walla Walla University

https://wallawalla.edu

The Portland Campus of Walla University is seeking a part-time nursing clinical instructor in pediatrics for Wednesdays, day shift. Please contact carol.healy@wallawalla.edu or phone 503-251-6115 opt. 2.

Visit: jobs.wallawalla.edu.

AREA EVENTS AND ANNOUNCEMENTS



Join us at Lents Adventist Church in Portland for a special homecoming Sabbath on September 27! Worship service with speaker John McVay, president of the Oregon Conference will start at 11:00 AM, followed by a fellowship potluck and church history slideshow at 12:30 PM. Then come back at 7:00 PM for a fun game night. Everyone is welcome!



We're excited to invite you to CLEAN Conference 2025: Beauty from Ashes — a powerful three-day event centered on healing, grief, and the redemptive love of Jesus. Hosted at Pleasant Valley Church from September 29 — October 1, this year's gathering will feature inspiring speakers, worship, and FREE Pure Desire Group Leader Training to equip you in recovery ministry. Monday and Tuesday will focus on the official group leader training curriculum, followed by a special extended Q&A with Rich Moore and Heather Kolb on Wednesday. If you're in recovery, supporting someone who is, or simply seeking hope in the ashes—this space is for you. Learn more and register now at https://orad.us/CLEANConf2025— it's free and open to all.



First Friday is a monthly event for the community to join Adventist Health Portland for a night of joyful praise and fellowship. This is a FREE event and everyone is welcome to join our community of hope.

We offer a free soup and salad dinner before each First Friday event. While registration is not necessary to attend the First Friday event, we do ask you to let us know if you're planning to join us for dinner. Click the link below to let us know how many people are in your party and select "Reserve a spot." You will receive a ticket (printed or e-ticket). Please bring this with you to dinner. Friday, October 3, Dinner: 6 p.m.,

Speaker: 7:15 p.m.

Join speaker Jana Lee for The Power of Warmth, a talk on finding connection in a divided world. In a time when even family and community relationships can feel strained, Jana invites us to pause and reflect on what truly helps us move forward together. She reminds us that while relationships are hard, the answers we seek are often simpler and more profound than we expect. This session offers a timely reminder of the core role warmth and connection play in our lives.



The Adventist Book Center's Fall Case Food & Book Sale is October 5 – November 2, 2025. Sale prices are also good for all delivery locations. You can also go to www.abcflyer.com and click the sale flyer link.



Good Grief - From Tears to Joy - Facing Loss & Finding Peace The Grief Sessions is a video seminar hosted by Mike Tucker the co-host of Lifestyle Magazine and author of Tears to Joy written by Mike after the loss of his wife. The course consists of six sessions lasting 90+ minutes that will share scientifically researched, Bible-based, and people-proven ways to turn loss into living again. Sessions will be facilitated by Donn Bunyard 971-645-1901 and held at the Sandy Adventist Church. Registration is limited so sign up today to receive more information and class updates. Classes will begin Tuesday, October 7 and will run from 7:00 PM to 8:45 PM. There is a \$30 class fee for the personal workbook and supplies. Who Should Attend? Anyone who has suffered the loss of a loved one, a pet, gone through a divorce, loss of a job, or any major life change. Anyone who needs to learn how to help family and friends who have experienced loss. Grief can hit us for a variety of reasons and the principles covered should be helpful no matter the type of loss. Topics Include: • An enlightened look at facing loss • Inevitable truths about loss • The ugly side of grief • What the Bible says about the meaning of life, the purpose of death & the value of grief • Accepting the future & forgiving the unforgivable If you would like to attend this class, please register at www.sandyadventistchurch.org/events/good-grief



Stone Tower Adventist Church is hosting its fall reaping series, featuring evangelist, Brian McMahon, as our main speaker beginning October 11th running through November 1, 7:00 PM. We are in need of gifted singers and musicians to lend their professional music sound to this event. If you're available and want to share your music ministry with the community members around Stone Tower Church, please contact Jeanine Goodwin at 503-381-5577. Let's work together to reap a harvest of souls for the kingdom of God!





Pastor David Bissell (former pastor/Bible teacher) has passed away and there will be a memorial service on Oct. 11, 2025, at 4 p.m. at the Ooltewah SDA church for him. If you want to share messages of appreciation, special photos or videos you have of him, you can share at: https://www.online-

tribute.com/davidbissell and some may be included in a slideshow. In lieu of flowers/gifts, you can donate to change lives at: https://oaksonline.net/donate. Pastor Bissell was a giant of God's love who poured his life and love into his family, church and everything he had time for. He touched countless lives with his profound faith, gentle spirit, listening ear, and willingness to help many in need/crises. To the end, he encouraged others to follow Jesus closer! Though we mourn, we know Jesus is the resurrection and life and he will live again (John 11:25-26).

A MEMORIAL SERVICE FOR ODETTA AULANI WAHINEHOOKAE COURSER

October 12, 2025 • Pleasant Valley SDA Church, 11125 SE 172nd Ave., Happy Valley, OR 97086.

Odetta was a cook at Portland Adventist elementary school for many years. There will be a time of gathering before the service from 1:00-3:00 pm, followed by the service from 3:00-4:00 pm. Those unable to attend the service can watch it online using this link:

https://youtube.com/live/f7C9OpbJftw. All are invited to stay after the service for a reception from 4:00 – 5:00 pm.

Ken Carr passed away September 2, 2025 and will be greatly missed by his family and church family. He was a faithful worker in the Lord's Vineyard! Join us on October 19, 2025, 1:30 PM for a celebration of his life. There is a potluck reception to follow. At Woodburn Community SDA Church located at 1253 5th St, Woodburn, OR 97071



Rockwood Homecoming 2025 — Former members and friends of the Rockwood Adventist Church are cordially invited to join us for Home Coming 2025 as we celebrate past connections and friendships on October 18! The Sabbath program starts at 9:45 AM with a testimonial and praise service to follow with worship at 11:00 AM. Pastor Gene Heinrich is speaker for the day, and lunch is provided. Everyone is welcome!



Oregon Conference Women's Retreat

Ladies, you're invited to this year's Oregon Conference Women's Retreat at Twin Rocks Conference Center, **November 14-16** in Rockaway Beach, Oregon! This year we'll be looking at what it means to Live a Life of Purpose. Featured speaker, Carla Gober Park will share what it means to be called, what it means to be inspired by the right things, and what it means to be transformed through a sense of wonder and awe. Learn more and register today at orad.us/OCWomensRetreat2025.



Do you knit or crochet? Adventist Health Portland needs your help making comfort shawls.

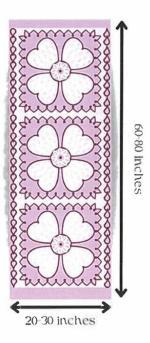
What is a comfort shawl?

A comfort shawl is a reminder of our love given to one in need of comfort and love. Comfort shawls comfort and bless those who are seriously ill, undergoing major medical treatment, in hospice, or those grieving the loss of a loved one.

How do I get involved?

You can bring comfort to these individuals by making a comfort shawl and delivering it to Adventist Health Portland's Spiritual Care Department (503) 251-6105. Use the guidelines below to make a shawl of the appropriate size. Many free patterns are available online. Beginner-friendly projects are welcome!

Get Involved! Call Spiritual Care at (503) 251-6105.





Church Organist Needed: The Stone Tower Adventist Church Music Department is seeking a volunteer church organist to play the organ during our worship service for up to two Sabbaths a month. Please contact Jeanine Goodwin at (503) 381-5577 or womensministry@stonetowersda.org for more details and if you or an organist you know would be interested.





How do we serve?

Portland Adventist Community Services – PACS is a vibrant faith-based Community of Service with staff, volunteers, donors, and community partners who provide food, low-cost dental care, and low-cost clothing/household items to individuals and families.

Hours: Thrift Store, Sun | 11:00 am - 4:00 pm Mon - Thurs | 9:00 am - 5:00 pm Fri | 9:00 am - 2:30 pm / Sat | Closed Donation Drop Sun | 11:00 am - 2:00 pm Mon - Thurs | 9:00 am - 1:00 pm / Fri - Sat | Closed

Dental Clinic:

Contact the Gateway Grace Dental Clinic to schedule an appointment 503-907-6768

Volunteers:

To volunteer at PACS, contact Jaclyn Russell at (503) 252-8500 ext. 1130

Donations:

From large to small, we take them all. Money, clothing, even big and tall, humble egg boxes, and home goods for all

If you are looking for an opportunity to serve in a missional environment focused on giving hope to those in need through Portland Adventist Community Services, then please go to: https://www.pacsonline.org/job There are three postings available.

- * Development & Planning Manager
- * Thrift Store Assistant Manager (Part-time)

PACS Thrift Store has many shoppers. We need Steps to Christ, Bibles, and Guides to share with them. If you have some to share, please let us know or bring them to PACS and hand them in to the office.



PACS is Hiring!

Come join our non-profit organization in the Portland area that serves the community with a Thrift Store, Food Pantry, and Dental Clinic. We are hiring a Director of Quality Management and a Thrift Store Part-time Assistant Manager. If you are interested in these positions, please visit our website (pacsonline.org/jobs) for job descriptions or email jobs@pacsonline.org for more information.

PACS needs truck drivers. Why?

This year, so far, our truck drivers have brought 365,670 lbs.(Jan-Mar) in donated food to feed our diverse community. That represents a huge number of people being fed. What a difference PACS drivers make! If you have a heart for people and like to drive a truck, no CDL license is needed, don't hesitate to contact Jaclyn.

Hours: 7:30-11:00-ish

Telephone: Jaclyn Russell at (503)-252-4589 Email: <u>Jaclyn.russell@pacsonline.org</u>

Sign-up: https://www.pacsonline.org/volunteer

Better Life Television, a non-profit Christian (Seventh-day Adventist) broadcasting ministry comprising television, internet, radio, broadcasting, and evangelism, is seeking a Speaker/Executive Director of Operations to drive performance and operational excellence for our organization. Employment preference will be given to members of the Adventist church, as permitted under the EEOC's Title VII provision. This position is based in Grants Pass, Oregon. Learn more about this position.

NW Adventist Federal Credit Union is hiring a Member Solutions Specialist. Why Join Us? We are more than a credit union. We are a ministry of service to our community. When you join our team, you'll find a workplace that is kind, supportive, and mission-driven. If you have a heart for service and enjoy meaningful, detail-oriented work, we would love to meet you. Apply today! Send your resume to staff@mynwcu.com.or visit www.mynwcu.com/careers.



Are you interested in becoming a hospital spiritual care volunteer? Adventist Health Portland Spiritual Care department invites individuals of all ages to apply. Volunteers will have the opportunity to offer pre-surgery support for patients and their families, ensure patients have access to spiritual resources, and more. If you feel called to be part of our team, take the first step by filling out our application form: https://www.volgistics.com/appform/769001903

Adventist Health Hospice is looking for compassionate volunteers to provide companionship to patients, provide a much-needed brief break for a tired caregiver, make phone calls on Thursdays to check on patient supplies, or assist with light housekeeping, errands, or pet support. Thorough training and support are provided by Adventist Health Hospice team members. If interested in learning more, contact Karen Hartmann, Bereavement/Volunteer Coordinator, at 503-251-6192 or email Hartmakl@ah.org. You can make a loving difference in someone's life at a challenging time.

Volunteers Needed at PACS

PACS' thrift store, food pantry, and dental clinic all need volunteers. We have lots of fun and exciting jobs ranging from customer-facing cashiers and greeters to pricers and truck drivers behind the scenes. No experience or age requirements to volunteer, we're happy to train you and welcome the entire family! If you're interested, please contact our volunteer manager, Jaclyn, at Jaclyn.russell@pacsonline.org or call 503-252-8500 x1130.

HOUSING NEEDED

A student is needed a room. If you have something available or know of someone that does, please contact the church office 503-252-8080.

We also have a family moving to Portland that needs a 2 or 3 bedroom, 2-bath house. Let us know if you know of one available.

LAST WEEK'S SERVICE IN PHOTOS

















WWU Bread Night

We had a new group of students join us for the meal as well as 3 pastors. It was great to see so many there, enjoying a meal and time to visit. We encourage others with the gift of cooking or baking to join us at 5:30 p.m. on Tuesday evenings.

This week we celebrated Jan Clayton's birthday. She turned 89 and was pleasantly surprised that we remembered. If you want more information about Bread Night, please contact Donna Duffield at 901-481-7875, or Jim Newell at 360-901-8774. We're always looking for some new help!



