

Sunnyside Adventist Church Communiqué

News & Announcements

Sabbath, March 7, 2020



Dear Family,

I was once doing a presentation with a large group of youth on the topic of "The Body of Christ." In this exercise I had them make different body parts with play dough. When all the body parts were made I had them put their bodies together. At first, the multi-colored bodies were comical to look at. Then, as everybody settled down, we read aloud 1 Corinthians 12, about all the parts of the body of Christ and how we all need each other. Then I asked, what part of the body do you think youth are?

The answers were interesting. Some said, "We are the feet because we are always running around." Another said, "We are the hands, because we are always busy helping with stuff older people can't do anymore." Another said, "We are the blood, we flow through the body and give it life." The one that really caught my attention though, was a young person who said, "We are the hair. We're always getting brushed aside, and when people feel we are in the way, they tie us back or just cut us off."

This Sabbath the Pathfinders are taking both our church services. Let's do our best to let them know that they are a vital part of this local church body. Be verbally affirming and smile a lot while they are up front to let them know they are indeed a part of our Sunnyside body.

Pastor Mark Witas



Shout-Out

Send your "shout-outs" to info@SunnysideAdventist.org so we can include them in next week's Communiqué. This is a place you can recognize someone for doing well or going beyond expectations.

Shout out to Guy Dove for the amazing work he does for our audio. He comes in at odd times for sound checks, makes sure everyone is set up so we all can hear them well, and arranges for others to work in the sound booth as well. Thank you for your good work, Guy!

News & Notes

THIS WEEKEND

This Sabbath our worship services are 8:45 and 11:15 AM. Sunnyside Pathfinders are presenting our worship services.

Please Note: There will NOT be a potluck this week as was originally planned. Due to the increased risk of the flu virus, all potlucks are suspended until further notice.



ANNOUNCEMENTS

March 12-14, 6:30 PM, "The Methuselah Factor" will be presented by David DeRose, MD, MPH. Thursday, March 12, the meeting will be held at Adventist Health Portland; Friday, and Saturday, March 13 and 14, will be held here at Sunnyside Adventist Church. This is a 3-part series on learning how to live sharper, leaner, longer, and better. Dr. DeRose is a well-known author including his latest book, "The Methuselah Factor," and a well-known TV/Radio host. You will not want to miss this series.

Family Skate Night



Sunnyside Family Skate Night, March 14, 7:30 PM, at Mt. Scott Skating Rink. There is no cost to join us so mark your calendars and get ready for fun! Everyone is welcome. If skating isn't for you, then join us and just spend time getting to know fellow Sunnyside family members.

March 15, 3:00 PM: The Oregon Sinfonietta will be here in concert. They will present works from Berlioz, Tchaikovsky, Saint-Saëns, and Dvořák featuring Hailey Kang.



- POSTPONED! Impact your Health Portland 2020 is a FREE medical, dental, and vision clinic coming to Portland. It was originally scheduled for March 27 and 29. However, due to

the Corona Virus attack it has been suspended until later in the year for the safety of our patients, volunteers, and staff. We may also be able to reach more people having it during a warmer time of year. If you would like to volunteer, please contact www.impactyourhealthpdx.com/volunteer. (We will let you know the date when it is decided.) Needed volunteers include dentists, dental hygienists, optometrists, ophthalmologists, opticians, and in the foot-washing ministry area. Breakfast, lunch, and childcare are provided for volunteers. Background checks are required for all volunteers.

We still have many dates available for you to choose from to share a floral arrangement with your church family during our worship services. The calendar is in the hall. Find an open date, and place your name on it and as the time gets closer, we will contact you to see what you would like us to place in the bulletin.



The Family Resource Network thanks you for your donations. The current need is a dining room table. Please contact Marie Pierre at 503-998-3754 if you can help.

ADVENTIST EDUCATION

Portland Adventist Elementary School

<http://www.paes.com>

<https://www.facebook.com/PAESPanthers/>

PAES would like to invite all families of prospective kindergarteners and First Graders, for the 2020-21 school year, to **Round-Up on March 12**. Pre-session for "New" to PAES parents will be from 5-5:30 PM in the Library. The program for all prospective K/1st will start at 5:30. We are looking forward to meeting you!!

Portland Adventist Academy / <https://paasda.org/>

PAA Alumni Choir

Singers are needed for the newly formed Portland Adventist Academy Alumni Choir. The choir is being led by Linda Neel, a former 32-year PAA music director, and will perform a few songs at an Alumni Concert, May 2, 4:00 PM. Rehearsals will happen once a week through March and April beginning March 12, 7:00 PM. Join the open facebook group to find out more: PAA Alumni Choir. Or email svigil@paasda.org.

PAA Alumni Weekend

Calling all Portland Adventist Academy and Portland Union Academy alumni! Alumni Weekend is May 1-3, 2020. Special events happen all week long, including Sabbath worship with special speaker John McVay, Walla Walla University president. For information about a class reunion or to RSVP for a complimentary haystack lunch, contact Sam Vigil at svigil@paasda.org or 503.255.8372. For a full list of events visit <https://paasda.org/>.

Rivergate Adventist Elementary School

Rivergate would like to invite you to our annual "Discovery Day" for the 2020-2021 school year. Discovery Day will be on Friday, March 13, from 8:30 AM-12:30 PM. This is an opportunity for children, who will be attending school in the fall of 2020, to "discover" Rivergate by participating in a classroom experience. A complimentary lunch will be provided for all visiting students. Please RSVP to attend. To RSVP or for questions, please phone 503-656-0544 or email: office@rgsda.org.

ANNOUNCEMENTS AND AREA EVENTS

ABC Sale: The Adventist Book Center's Case Food Sale is March 1-15. Deliveries are available. For all the details, download the sale flyer at www.abcflyer.com.

March 7, 5:00 PM: Cowboy Church begins in Sandy Oregon!

Come and join us! We will have a group sing-a-long, guest musical artist, and a short spiritual talk. Great food afterward! Invite your friends and family!

Event Location: Sandy SDA Church,
18575 Langensand Rd. Sandy, Oregon.

March 14, 6:00 pm. Tiffany and Grant Steinweg in Concert.

Come enjoy an evening of sacred, instrumental and vocal music, a compilation of original compositions, arrangements, and classical selections! Tiffany and Grant are a brother and sister duo who specialize in violin, piano, and cello. They are both studying music at Andrews University in Berrien Springs, Michigan, and have recently released their first CD, A NEW SONG!! "He has put a new song in my mouth—Praise to our God; Many will see it and fear, And will trust in the Lord." Psalm 40:3. Through their music, they desire to connect with people and share Jesus' message of hope and healing.

**Light refreshments in lobby following concert.

For more information, please email sunrisehands@comcast.net.

Event Location: Vancouver Community SDA Church.

March 20, 7:00 PM, March 21, 11:00 AM, 4:00 PM, and 7:00 PM.

Transformed Brain is a seminar by Chad and Fadia Kreuzer of Anchor Point Films. They will present the cutting-edge science on how our habits can impact our brains. Don't miss this transformative seminar. For more information and to RSVP, call 503-512-9055. Event Location: Hood View Church.

March 22-29: Healing Foods Gardening Workshop by Lynn Hoag (SunCountryGardens.com) Learn first-hand how you can grow foods with 100% of the nutrients and minerals your body needs. Learn how to test your soil, balance it and grow the most nutritious and healing foods you have ever tasted! Plus much much more! It's FREE, and kids will love it too! "Hands-On" learning for new and/or experienced gardeners. For the details email Marilyn.Puccinelli@gmail.com or call 360-609-1461. You can also visit SunCountryGardens.com. Register by March 15.

Event Location: Adventist Community Church of Vancouver.

May 29-31: Men's Summit.

This year's Men's Summit will be held at beautiful Dorena Lake. The summit will happen May, the 29th through 31st at the Grove Christian Camp. A team of guys from all over the Oregon Conference are hard at work to make this the best Men's Summit ever, with activities and events in the works to include: Excavating into the Bible, 3 on 3 Basketball Tournament, learning No-Spin Knife-Throwing, Survival Skills (both spiritually and worldly), Birding, Photography, Archery, Active Shooter Drills, Music, Campfires. Unled activities available: Mountain Biking, Gold Mines, Hiking, Kayaking/Canoeing, Hiking, Quads/Motorcycles! Register early to get the early-bird discount! Gary and Zack Parks will be this year's speakers. We hope to see all men from teens to seasoned citizens at Grove Christian Camp near Cottage Grove! Learn more and/or register at <http://bit.ly/2020menssummit!>

Event Location: Grove Christian Camp, Dorena Lake.

April 2, 4:00 pm—9:00 pm:

Fundraiser for PACS at Old Spaghetti Factory Clackamas.

Join the PACS Team on Thursday, April 2 from 4:00 PM - 9:00 PM to have some fun with family and friends while supporting and strengthening PACS programs. The OSF will donate 15% of your dinner's proceeds when you present the Let's Eat Out Flyer. You can find flyers on PACS Facebook & Instagram pages, website (pacsonline.org), and on your church information table. We hope to

see you there! You can come meet our new executive, Laura Pascoe, that night as well. Thank you for supporting us!
Event Location: Old Spaghetti Factory Clackamas.

August 21-23: Motorcycle Camp Meeting 2020.

Mark your calendars with the dates for this year's Motorcycle Camp Meeting, August 21-23, at Gladstone Park Conference Center in Gladstone, Oregon! This year's speaker will be Tim Journey, pastor of the Boulder City, Nevada Adventist church. Camping/RV parking will be available on the property. Watch for more details!

PACS NEWS – *Portland Adventist Community Service:*

NOW IS THE TIME TO VOLUNTEER AT PACS - Join our community of service and volunteer at PACS even once a week for 4 hours! If you or someone you know would like to give the gift of service as a thrift store cashier, driver/rider, help in our food pantry or any other volunteer positions, please visit the volunteering section of our website, pacsonline.org, or call Kellie Stephens at, 503-252-8500 ext 1120 or kellie.stephens@pacsonline.org. Thank You!